

It is necessary for parents to attend parenting training course to bring their children up. Do you agree or disagree?

During the recent years, the necessity of parenting classes has been a controversial subject. While many people tend to advocate traditional methods of nurturing kids, I would argue that these types of courses would be undoubtedly beneficial for parents, especially the young ones.

Those supporting parenting classes build their argument on two major foundations: the scientifically approved materials and having a brilliant chance to socialize with other parents. The former asserts that these courses are taught by professional trainers and psychologists having vast information about both the needs and the challenges of children throughout the different stages of their life.

The latter is commonly postulated as the inevitable positive effect of being in a supportive group where you can share your parental concerns as well as experiences and receive positive feedbacks. Therefore, not only could they raise their knowledge, but also they could use it as a chance to relieve their stress. This approach could usefully contribute to developing a young generation who are confident, independent and self-motivated.

On the other hand, what needs to be taken into account ~~considered~~ is that the majority of traditional upbringing methods are considered inappropriate in ~~the~~ modern psychology. One salient example of this is aggressive punishments such as insulting which have been ~~is~~ proved to have permanent effect on the child's mental developments and caused serious disorders. Namely, depression or lack of confidence. As a result, parents cannot rely on these methods only.

In brief, from my perspective, both parents should participate in training courses to broaden their horizons about the new methods of nurturing their children.